

## Our Health Counts Winnipeg – Indigenous Legal Support Guide

<p><b>North End Women’s Resource Centre (NEWC)</b></p> <p>394 Selkirk Ave. 204-589-7347</p> <p><b>Open to women and gender-diverse people.</b></p>	<p><b>Family Advocate (CFS)</b></p> <ul style="list-style-type: none"> <li>• Helps participants navigate the child welfare system (CFS) and aids with setting up meetings with CFS.</li> <li>• Assists with reunification plans and supports families that are at risk of apprehension</li> <li>• Provides court support</li> <li>• Advocating with social assistance (EIA)</li> <li>• Can help navigate housing challenges related to CFS involvement.</li> <li>• <a href="https://newcentre.org/family-advocate-cfs">https://newcentre.org/family-advocate-cfs</a></li> </ul>
<p><b>Family Law</b> 100-352 Donald St. 204-945-2313 1-844-808-2313</p> <p><b>Email:</b> <a href="mailto:GetGuidance@gov.mb.ca">GetGuidance@gov.mb.ca</a></p> <p><b>Website:</b> <a href="https://www.gov.mb.ca/familylaw/">https://www.gov.mb.ca/familylaw/</a></p>	<p><b>Family Resolution Service</b></p> <ul style="list-style-type: none"> <li>• Family Guides can answer questions and provide guidance on navigating family law systems and processes. They help families reach agreement through mediation.</li> <li>• Can support safety planning for those experiencing domestic violence while going through separation or divorce.</li> <li>• Family Guides aim to connect you to the right place and service quickly.</li> <li>• Contact if you have questions about your family law related issues</li> <li>• Free and confidential information</li> </ul>
<p><b>Law Phone-In and Lawyer Referral Program (Phone calls only)</b></p> <ul style="list-style-type: none"> <li>• Operated by the Community Legal Education Association (CLEA)</li> <li>• Provides free general legal information and advice over the phone.</li> <li>• If appropriate, they provide referrals to law-related agencies – first consultation is free (up to 30 minutes).</li> </ul> <p><b>Phone Hours are 9:00am – 4:00pm Monday through Friday – Only two Winnipeg lines.</b></p> <ul style="list-style-type: none"> <li>• You will be asked to leave a brief message on voicemail, provide your name, number, reason for your call, when you can be reached. Calls will be returned in the order they are received.</li> </ul> <p><b>Phone (for legal questions): 204-943-2382 or 204-943-2305</b>  <b>Phone (for lawyer referral): 204-943-3602 Toll free: 1-800-262-8800</b>          Email: <a href="mailto:info@communitylegal.mb.ca">info@communitylegal.mb.ca</a>          Website: <a href="https://www.communitylegal.mb.ca/">https://www.communitylegal.mb.ca/</a></p>	
<p><b>Legal Aid Manitoba (LAM)</b></p> <p>4<sup>th</sup> Floor 287 Broadway.</p> <p>204-985-8500</p> <p><b>Toll free: 1-866-800-8056</b></p> <p><b>Monday – Friday</b> <b>9:00am – 4:00pm</b></p>	<p>Legal Aid Manitoba provides legal services to low-income adults and youth in Manitoba who qualify financially and have a case with merit.</p> <p>Legal Aid is free to those whose incomes are below their Income Guidelines</p> <p><b>Agreement to Pay Program</b> You may qualify for the Agreement to Pay Program if you have the ability to pay for all your legal costs at legal aid rates and agree to make interest-free, monthly payments to pay back Legal Aid Manitoba.</p> <p><b>How to Apply</b></p> <ul style="list-style-type: none"> <li>• \$25.00 non-refundable fee. Sometimes this can be waived for low-income persons.</li> <li>• Bring all documents you have related to your case, including Court Date information.</li> <li>• Proof of income</li> <li>• Social Assistance Case Number and Budget Letter</li> <li>• List of Debts, Assets, and Expenses</li> </ul> <p>It takes 1 – 2 weeks after applying for LAM to provide you with a written notice of its decision – it will explain whether your application has been approved or rejected, it will also explain the next steps in the process.</p>

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<p><b>Legal Aid Manitoba- Public Interest Law Centre (PILC) 100-287 Broadway – 204-985- 8540</b> <a href="https://www.legalaid.mb.ca/pilc/cases/indigenous-law/">https://www.legalaid.mb.ca/pilc/cases/indigenous-law/</a></p>	<p><b>Indigenous Law</b> PILC collaborates with the Assembly of Manitoba Chiefs to engage with families of missing and murdered Indigenous women and girls (MMIWG), Elders and a coalition of service providers.</p> <ul style="list-style-type: none"> <li>• Provides a range of legal services to eligible individuals or groups who are taking legal action that will impact the law or groups of people</li> <li>• The PILC represents groups and individuals on issues affecting the environment, human rights, Indigenous people, consumers and low-income persons.</li> </ul> <p><b>Advocacy Unit – attached to the Public Interest Law Centre</b></p> <ul style="list-style-type: none"> <li>• Takes on cases that affect individuals facing issues with residential tenancies or government benefits.</li> </ul> <p><b>Applicants must qualify for legal aid.</b></p>
<p><b>Manitoba Victim Services</b> <b>Manitoba Toll Free: 1-866-484-2846</b> <b>Winnipeg Region: 204-945-6851</b></p> <p><a href="http://www.gov.mb.ca/justice/victims/index.html">www.gov.mb.ca/justice/victims/index.html</a></p> <p><b>Mailing address:</b></p> <p style="text-align: center;"><b>Compensation for Victims of Crime Program</b> <b>1410-405 Broadway Ave. Winnipeg MB. R3C 3L6</b></p> <p><b>Fax: 204-948-3071</b></p>	<p>Supports victims of serious crimes (victims of domestic violence and crimes such as murders and sexual assaults). Victim Services also provides support to child victims, witnesses, and families of murdered and missing Indigenous persons.</p> <p><b>The Compensation for Victims of Crime Program</b></p> <ul style="list-style-type: none"> <li>• Provides compensation (money, services, support) to victims who suffer personal injury, hardships or expenses as a result of certain crimes.</li> <li>• You can apply for compensation as an immediate family member if you are the spouse, common-law partner, child, parent, or sibling of the deceased victim.</li> <li>• Benefits available to eligible family members:</li> <li>• Counselling services, travel and accommodation, bereavement leave, funeral coverage, and crime scene cleaning. Additional benefits may include loss of wages or income.</li> </ul> <p><b>How to Apply for Compensation</b></p> <ul style="list-style-type: none"> <li>• Separate application forms available for victims, immediate family members, and witnesses.</li> <li>• You can get the forms you need from the Compensation for Victims of Crime office in Winnipeg, or the office in your area.</li> <li>• Mail or fax the original application and any attachments</li> </ul>
<p><b>Legal Help Centre (LHC)</b> <b>204-258-3096</b></p> <p><b>202-393 Portage Ave.</b></p> <p><b>Email: info@legalhelpcentre.ca</b></p> <p><b>Website: https://legalhelpcentre.ca</b></p>	<p>Provides free legal information, summary advice and referrals for low income people in Winnipeg who are trying to solve a legal problem.</p> <p><b>Services</b></p> <ul style="list-style-type: none"> <li>• LHC offers in-person drop-in clinic on <b>Tuesdays and Thursdays from 1:00pm – 4:30pm</b>, on a first come, first serve basis.</li> <li>• Helps self-represented people – provide information, assist in drafting documents and referrals.</li> <li>• You will meet with a law school student who will help with legal information, advice, and referrals to helpful community resources.</li> </ul> <p><b>Eligibility</b></p> <ul style="list-style-type: none"> <li>• If your household income is less than \$50,000 and you do not have a lawyer helping with your family law issue.</li> <li>• Must NOT qualify for Manitoba Legal Aid</li> <li>• Meet our Financial Eligibility Guideline – Limit of \$50,000 annual income.</li> <li>• May be eligible for a follow-up appointment to get more assistance – step-by-step guidance, completing forms, drafting court documents.</li> </ul>

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<p><b>Wills and Estates Anish Corporation</b>          Aboriginal Affairs and Northern Development Canada  <b>200 - 365 Hargrave St.</b>  <b>204-983-2485</b>  <a href="https://www.anishcorp.ca/wills-estates">https://www.anishcorp.ca/wills-estates</a></p>	<p>For more information about Wills &amp; Estates contact Indigenous Services Canada  <b>Andrew Pankiw - <a href="mailto:Andrew.pankiw@sac-isc.gc.ca">Andrew.pankiw@sac-isc.gc.ca</a></b>  <b>Janelle White - <a href="mailto:Janelle.white@sac-isc.gc.ca">Janelle.white@sac-isc.gc.ca</a></b></p> <p>PDF file of a Last Will &amp; Testament Template:  <a href="https://www.anishcorp.ca/_files/ugd/4f0f58_2b01030b7df64b0a83b8bf4519248502.pdf">https://www.anishcorp.ca/_files/ugd/4f0f58_2b01030b7df64b0a83b8bf4519248502.pdf</a></p>
<p><b>Record Suspension (pardon) Program – John Howard Society</b>  <b>Location: 586 Ellice Avenue</b></p> <p><b>Michael Mahon</b>  <b>Record Suspension Support Caseworker</b>  <b>204-775-1514 Ext. 109</b>  <b>Email:</b>  <a href="mailto:mmahon@johnhoward.mb.ca">mmahon@johnhoward.mb.ca</a></p> <p><b>George Chartrand</b>  <b>Record Suspension Support Caseworker</b>  <b>204-775-1514 Ext. 117</b>  <b>Email:</b>  <a href="mailto:gchartrand@johnhoward.mb.ca">gchartrand@johnhoward.mb.ca</a></p>	<p>Learn about record suspension (pardons) if you have an old record you want cleared or pardoned.</p> <ul style="list-style-type: none"> <li>• Limitations on eligibility – restricts set out on the Parole Board of Canada website.  <a href="https://www.canada.ca/en/parole-board/services/record-suspensions.html">https://www.canada.ca/en/parole-board/services/record-suspensions.html</a></li> <li>• No cost for the Record Suspension assistance provided by the John Howard Society of Manitoba</li> <li>• If eligible, your costs will be for the acquiring of the required records.</li> <li>• Also a \$50.00 fee charged by the Parole Board of Canada, due when the application is submitted.</li> <li>• Help with the process of obtaining a Record Suspension, beginning with your eligibility – if a possible candidate, they further assist throughout the application process.</li> </ul>
<p><b>Bail Navigator Program – John Howard Society</b></p> <p><b>583 Ellice Ave</b></p> <p><b>204-775-1514 ext. 115</b></p> <p><b>Email:</b>  <a href="mailto:jnyman@johnhoward.mb.ca">jnyman@johnhoward.mb.ca</a></p>	<p>This program is for low- to medium-risk individuals on bail who need support to maintain their release conditions. Those who typically qualify are those with allegations such as: Property crimes, mischief related offences, administrative breaches, driving offences, limited violence offences, and domestic charges where the person’s criminal record is not extensive.</p> <p>Referral by a lawyer required – ask your lawyer to download a referral form at: <a href="http://johnhoward.mb.ca/bail-program">johnhoward.mb.ca/bail-program</a></p> <ul style="list-style-type: none"> <li>• Once referred, individuals are assisted on bail (low to medium risk) who want to improve the outcome of their involvement with the criminal justice system.</li> </ul> <p>The Bail Navigator keeps in regular contact with clients in the program and provides additional supports:</p> <ul style="list-style-type: none"> <li>• Check in with participants weekly (in person or phone)</li> <li>• Offer reminders of court dates.</li> <li>• Review bail conditions and provide guidance to help clients meet them.</li> <li>• Can provide referrals to community programs, supports, and services.</li> <li>• Can help with program information for mental health, substance use, employment and more.</li> </ul> <p>For the Bail Navigator to provide regular contact, program participants must have:</p> <ul style="list-style-type: none"> <li>• A verifiable address</li> <li>• Consistent use of a phone number, email address, or other means (texting app).</li> </ul>

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